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# ALLERGY INFORMATION

The allergy information given relates to the 14 main allergens that must be labeled. Unfortunately, we cannot 100% rule out cross-contamination from a wide variety of ingredients in the kitchen areas.

 <b>Breakfast</b> 01.03.2026	A	B	C	D	E	F	G	H	I	J	K	L	M	N
	Gluten/coeliac disease	Crustaceans	Eggs	Fish	Nuts	Peanuts	Soy	Milk	Molluscs	Celery	Mustard	Lupin	Sesame	Sulphur dioxide
Mixed buffet loaves A1/A2/A3/A4/A5/E5	✓				✓		✓	✓					✓	
Rolls / baguette A1/A3	✓							✓						
Multigrain rolls A1/A2/A3/A4	✓						✓						✓	
Pretzel A1	✓													
Croissant A1	✓		✓					✓						
Raisin rolls A1/E1	✓		✓		✓			✓						
Honey / Jam														
Nut-Nougat-Cream E2					✓		✓	✓						
Butter								✓						
Becel (margarine)														
Soy yoghurt							✓							
Soy dessert							✓							
Lemon cake A1/E1	✓		✓		✓			✓						
Marble cake A1/E7	✓		✓		✓			✓						
Gluten free bread												✓		
Milk								✓						
Milk lacto free														
Omelette			✓											
Scrambled eggs			✓					✓						

✓ Included as an ingredient or as a component

A Gluten containing cereal included:	A1 = Wheat	A3 = Barley	A5 = Spelt
	A2 = Rye	A4 = Oats	A6 = Kamut
E Nuts included:	E1 = Almonds	E4 = Cashew nuts	E7 = Pistachios
	E2 = Hazelnuts	E5 = Pecan nuts	E8 = Macadamia nuts
	E3 = Walnuts	E6 = Brazil nuts	E9 = Queensland nuts

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Ham - slices														
Bacon														
Roasted onions <b>A1</b>	✓													
Chives														
Cucumber/tomatoes														
Fruit salad														
Fruit plate														
Natural yoghurt								✓						
Fruit yoghurt								✓						
Natural curd								✓						
Bircher muesli <b>A1/A3/A4/E1/E2</b>	✓				✓			✓						
Vitalis chocolate muesli <b>A1/A3/A4/E1</b>	✓				✓		✓	✓						
Vitalis crunchy muesli <b>A1/A4</b>	✓													
Vitalis fruit muesli <b>A1A2/A3/A4/E1</b>	✓				✓									
Cornflakes <b>A3</b>	✓													
Chocolate pops <b>A1</b>	✓						✓	✓						
Sunflower seeds														
Oat flakes <b>A4</b>	✓													
Flax seeds														
Mozzarella								✓						
Cheese plate (sliced cheese) <b>E3</b>					✓			✓						
Cheese plate (cheese pieces) <b>E3</b>			✓		✓			✓						
Sausage plate (cold meat) <b>E7</b>					✓					✓	✓			

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Ham plate														
Cream cheese with curry								✓						
Cream cheese with herbs								✓						
Cream cheese with tomatoes								✓						
Grilled Sausages										✓	✓			
Baked Beans														
Tortilla vegetables <b>A1</b>	✓		✓					✓						
Tortilla ham/bacon <b>A1</b>	✓		✓					✓						
Kellogg's Smacks <b>A1</b>	✓													
Smoked salmon				✓										
Horseradish cream								✓						✓

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Potato soup with bacon & prawns★		✓	✓					✓		✓				
Baked figs★			✓					✓						✓
Rustic bread sticks★ A2/A1	✓							✓						✓
Squire plate★ A1	✓		✓				✓	✓		✓	✓		✓	✓
Knight plate★ A2	✓							✓						✓
Spaghetti with prawns ★A1	✓	✓	✓					✓						✓
Fussiloni - all variations★ A1/E2	✓		✓		✓			✓		✓	✓			
Caesar Salad A1/A2	✓		✓	✓				✓		✓	✓			✓
Beef shreds salad★ A2/E2/A1	✓		✓		✓			✓		✓				✓
Salad Round table w. chickenA2/A1	✓		✓					✓		✓	✓			✓
Pizza „Pomodoro“ A1	✓							✓						
Pizza „Vegetariano“ A1	✓							✓						
Pizza „Piccante“ A1	✓							✓						
Pizza „Parma con Rucola“ A1	✓		✓					✓						
Pizza Honey Pineapple A1	✓							✓						
Sir Gareth` juicy beef ribs★			✓				✓	✓		✓	✓			
Knight Lancelot Burger★ A1/A4/A3	✓		✓				✓	✓			✓		✓	
Knight Tristan Burger★ A1/A4/A3	✓		✓				✓	✓		✓	✓		✓	
King Arthur Burger★ A1/A4/A3	✓		✓				✓	✓			✓		✓	
Knight skewer “Excalibur”★							✓	✓		✓	✓			

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★ with side dish

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Knights best suckling pig carré★ A1	✓		✓					✓						✓
Pasta with lentils bolognese A1	✓													
Pasta with tomato sauce★ A1	✓		✓											
P. Fiona meatballs★ A1	✓		✓					✓		✓	✓			
Knight Gawain Chicken filet★ A1	✓		✓					✓		✓				✓
Kids Pizza „Margarita“ A1	✓							✓						
Kids Pizza Salami A1	✓							✓			✓			
Kids Pizza Ham A1	✓							✓						
Apple Rings★ A1	✓		✓				✓	✓						
Coconut Dessert							✓	✓						
L. Gwendolines Chocolate cake★ A1	✓		✓				✓	✓						
Colorful ice balls								✓						
Woodruff lake								✓						
Fresh summer A1	✓		✓				✓	✓						
Espresso e dolce A1/E1	✓		✓		✓		✓	✓						
Prem. LEGOLAND® iced coffee A1	✓		✓					✓						
Prem. LEGOLAND® iced chocolate A1	✓		✓					✓						

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Gzb. Helles (lager beer) <b>A3</b>	✓													
Gzb. Radler (shandy) <b>A3</b>	✓													
Gzb. Fest Maerzen (craft beer) <b>A3</b>	✓													
Gzb. Weizen (wheat beer) <b>A1/A3</b>	✓													
Gzb. alcohol free wheat beer <b>A1/A3</b>	✓													
Gzb. .alc.free wheat b./lemonade <b>A1/A3</b>	✓													
Gzb. Pfiff (wheat beer) <b>A1/A3</b>	✓													
Hot chocolate drink							✓	✓						
Chocochino							✓	✓						
Strawberry Milk								✓						
Caramel Latte Macchiato								✓						
Vanilla Cappuccino								✓						
Kids Latte Macchiato								✓						

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